

GUIDANCE DEPARTMENT

Who is your Counselor?

- Ms. Mary Ann Rees (Students A - G)
- Miss Lauren Grubbs (Students H - N)
- Miss Lauren Pryor (Students O - Z)

What do the Counselors do for you?

For all students they...

- Provide personal, academic, and career counseling.
- Provide guidance in the selection of courses.
- Organize and interpret the testing program.
- Arrange for tutoring when needed.
- Make schedule adjustments when necessary.
- Keep an activities-honors form for each student.
- Manage the Drug and Alcohol Education Program.
- Manage the Peer Mediation Program.
- Conduct Concerned Persons Support Group (see reverse side for explanation).
- Conduct Students of Divorce support Group (see reverse side for explanation).
- Conduct Bereavement Support Group (see reverse side for explanation).
- Assist students in applying for leadership conferences.
- Assist students in applying for summer institutes for the gifted and talented.

For Freshmen they...

- Conduct freshman orientation to facilitate a successful transition to high school.
- Conduct a career seminar including
 - ♦ Introduction to the world of work.
 - ♦ Choosing a career – Use MyRoad for career exploration:
 - * Values.
 - * The administration and interpretation of ACT's EXPLORE testing battery.
 - * Choosing a career – Use the online version of the Occupational Outlook Handbook for career exploration.



For Sophomores they...

- Schedule monthly career presentations.
- Administer and interpret the PLAN and PSAT tests. Use MyRoad for career and college exploration.
- Organize parent programs on early college planning.
- Assist those interested in selecting vocational program.

For Juniors they...

- Interpret PSAT and ASVAB (used to explore careers); Use MyRoad to explore careers.
- Conduct group meetings on post-high school planning and college selection for students and their parents; Use MyRoad for college selection.
- Organize College Fair.
- Introduce students and parents to Prep HQ – web-based set of college prep tools.

For Seniors they...

- Conduct one-on-one interviews with each senior.
- Conduct group meetings on applying for college and other post-secondary programs as well as financial aid and scholarships; Use MyRoad and Prep HQ to facilitate these processes.
- Organize parents' night on applying for education beyond high school.
- Schedule 50-60 college and university admissions staff visits at Hartley.
- Organize a seminar on career planning.
- Organize parent financial aid workshop.
- Complete necessary recommendations, forms, and transcripts for college and other post-secondary admission and scholarships.

Guidance Services...

Concerned Persons Group

Alcoholics and drug-dependent persons have long been regarded and treated as single individuals. But each dependent person affects several others, usually the immediate family. The family becomes centered around, and changed by, the drinking/drug use, in much the same way that each part of a machine is affected by the movements of other parts. This environment conditions the psychological and physical life of the child.

The Concerned Persons Group is a weekly support group (eight sessions) for students who are living in families with a member who is experiencing difficulties with drugs and/or alcohol. The purpose of the group is to assist students in expressing and understanding their feelings, in building a stronger sense of self-esteem, in understanding the physical and emotional costs of drug/alcohol use, and in developing effective coping skills.

Student Divorce Group

The purpose of the Student Divorce Group is to help adolescents successfully deal with the changes brought on by a separation/divorce. Specific objectives for the 6-8 session group include:

- Clarifying the false beliefs, confusion, and changes caused by divorce.
- Providing a supportive environment to ventilate feelings about divorce.
- Teaching problem-solving and anger control strategies that can be used in all aspects of life.
- Increasing the adolescent's awareness of his/her feelings and actions and how they affect others.
- Increasing the adolescent's ability to communicate his/her feeling of self-worth.

Bereavement Group

A Bereavement Group has been established for students who have experienced a recent loss through death. Faculty members who have similar experiences also attend this group.

The purpose of the group is to address the needs of students/faculty as they work through the grieving process. Prior to entry into the group, each member is interviewed individually by one of the co-facilitators, Mr. Grannan or Mr. Prokop.

The group meets for a minimum of one meeting per academic quarter.

